



FREE PARKING
OPEN SEVEN DAYS A WEEK
 (510) 653-8181

4038 Piedmont Ave., Oakland, CA 94611
 Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM

February 15 - 21, 2017

Produce

Asparagus	\$3.99/lb.
Celery	89¢/ea.
Tahoe Gold Tangerines	\$1.99/lb.
Pink Lady Apples	\$1.99/lb.
Avocados	\$1.99/ea.
Organic Heirloom Tomatoes	\$4.99/lb.
Organic Red Bell Peppers	\$3.99/lb.
Organic Green Onions	\$1.39/ea.

Cheese

Gold Rush Sliced Monterey Jack	\$3.99/ea.
Bel Fiore Cheese Co. Farmer's Cheese	\$6.99/ea.
Kerry Gold Reduced Fat Irish Dubliner	\$6.49/ea.
McCadam Horse Radish Cheddar	\$12.99/lb.
Piedmont's Own French Onion Dip	6.99/lb.

Farmed Fest!

Farmed Salmon Fillets (Canada & Scotland) \$14.99/lb.	Farmed Cajun Marinated Catfish (USA) \$9.99/lb.
Farmed Tilapia Fillets (Thailand) \$7.99/lb.	Farmed Lemon Pepper Marinated Catfish \$9.99/lb.
Farmed Basa Fillets (Vietnam) \$5.99/lb.	Bone-In Farmed Kemo Trout (USA) \$7.99/lb.

Hot Buy! Prawns Farmed
(Thailand) 26-33 ct \$9.99/lb.

Wine & Liquor

Ravenswood Vintner's Blend Chardonnay, Cabernet Sauvignon, Merlot or Zinfandel \$7.99 750 ml.

Ravenswood wines have it all; soft, lush fruit flavors, good balance, with a smooth finish. Great wines for any party or social gathering. Reg. \$10.99

Legende French Red Bordeaux \$14.99 750 ml.	High West Bou-Rye Blended Whiskey \$59.99 750 ml.
Guigal French Red Cotes Du Rhone \$16.99 750 ml.	Evan Williams Straight Bourbon \$12.99 750 ml.
Domaine D'Astros French Rose \$12.99 750 ml.	Trader Vic's Original Silver, Gold or Dark Rum \$9.99 750 ml.

Deli

Soup's On!

Beat the cold weather!
Come in today
and grab a warm bowl of one of our daily gourmet selections.

Gourmet

Bond Bar Hand Crafted Belgian Dark Chocolate Bars 3 oz.	\$9.99
Lars Imported Crispy Onions 4 oz.	\$2.99
Wilson's Hot Toddy or Mulled Wine Spice Bags 6 ct.	\$4.99



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Grocery

Amy's Organic Canned Soups 14 oz. \$1.00 Off

Amy's Organic Refried Beans 15 oz. \$2.79

Amy's Organic Canned Chili 14 oz. \$3.99

Maltagliati Organic Italian Pasta Cuts
17.6 oz \$1.99

Organic Nirvana 11 Grain Wonder Rice
16 oz. \$3.39

Muir Glen Organic California Tomatoes
28 oz. \$2.99

Muir Glen Organic Pasta Sauce
25 oz. \$3.99

Terrapin Ridge Gourmet Salad Dressings
13 oz. \$4.99

Buddha Organic Tea Blends 18 ct. \$6.99

Kodiak Cakes Waffle, Brownie or Cookie Mixes
17-24 oz. \$5.49

Coombs Organic Vermont Amber Maple Syrup
\$4.00 Off

Ovaltine Vitamin Enriched Malt Powder
12 oz. \$4.49

Kettle Brand Potato Chips 5 oz. \$2.79

Glutino Thin Crisp G/F Crackers 4 oz. \$3.99

Glutino G/F Cookies or Wafers
6-10 oz. \$4.99

Everett & Jones BBQ Sauces 16 oz. \$3.99

Kona Brewing Company Lager & Ales
6 pack \$7.99

Dairy

Diestel Sliced California Turkey
Breast 6 oz. \$3.69

Columbus Thin Sliced Salami
8-12 oz. \$5.99

Bubbie's Kosher Crisp Pickles Whole
or Chips 33 oz. \$5.99

Tillamook Thick Sliced Cheese
12 oz. \$4.99

Noosa Aussie Style Yogurt
8 oz. \$2.69

Sun tropic Fruit Nectars
64 oz. \$3.99

Knudsen Lowfat Cottage Cheese
or Sour Cream 16 oz. \$3.49

Clover Organic Butter Salted or
Unsalted 16 oz. \$6.99

Clover Organic Probiotic Kefir
32 oz. \$4.49

Clover Organic Milk
Half Gallons \$3.99

Galbani Cheddar or Mozzarella
Cheese Sticks 10-12 oz. \$4.99

GT's Organic Raw Kombucha
16 oz. \$2.99

Frozen

Coconut Bliss Non-Dairy
Frozen Dessert 16 oz. \$6.99

Minute Maid Orange Juice
12 oz. \$2.99

Vans Toaster Pancakes or Waffles
6-8 ct. \$2.99

Aunt Jemima Breakfast Entrees
6 oz. \$2.49

Muffin Revolution Paleo Muffins
4 ct. \$6.99

Earthbound Assorted Organic Fruit
10 oz. \$4.49

Earthbound Organic Vegetables
10 oz. \$3.49

Evol Steak, Pasta & Chicken
Bowl Entrees 8 oz. \$4.99

Evol Beef or Chicken Burrito
6 oz. \$2.99

California Pizza Kitchen
Thin Crust Pizzas 15 oz. \$6.99

Ore-Ida Potato Fries
28-32 oz. \$3.99

Golden West Tamales
14 oz. \$3.99