



FREE PARKING
OPEN SEVEN DAYS A WEEK
 (510) 653-8181

4038 Piedmont Ave., Oakland, CA 94611
 Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM

February February 22 – 28, 2017

Produce

Honey Tangerines	\$1.99/lb.
Red Seedless Grapes	\$2.99/lb.
Brussels Sprouts	\$1.98/lb.
Garnet or Jewel Yams	\$1.59/lb.
Butternut Squash	89¢/lb.
Organic Bunch Beets	\$2.99/ea.
Organic Cameo Apples	\$1.99/lb.
Organic Braeburn Apples	\$2.39/lb.

Cheese

Gold Rush Sliced Muenster 8 oz. \$4.99/ea.
Sonoma Creamery Sonoma Garlic Jack 5.3 oz. \$4.99/ea.
Emmi Cave Aged Gruyere \$21.99/lb.
Emmi Swiss Raclette \$20.99/lb.
Piedmont's Sancho's Salsa Spread Dip \$7.99/lb.

Farmed Fest!

Farmed Salmon Fillets (Canada & Scotland) \$14.99/lb.	Farmed Cajun Marinated Catfish (USA) \$9.99/lb.
Farmed Tilapia Fillets (Thailand) \$7.99/lb.	Farmed Lemon Pepper Marinated Catfish \$9.99/lb.
Farmed Basa Fillets (Vietnam) \$5.99/lb.	Bone-In Farmed Kemo Trout (USA) \$7.99/lb.

Hot Buy! Prawns Farmed
(Thailand) 26-33 ct \$9.99/lb.

Wine & Liquor

La Playa Estate Series Chilean Chardonnay, Carmenere
or Sauvignon Blanc \$6.99 750 ml.

Pure varietal character shines through. That's the hallmark of
La Playa's Estate wines from Chile, and their signature character
that makes them such an outstanding value. Reg. \$9

Martin Codax Spanish Albarino \$11.99 750 ml.	Glenfiddich 12 yr. Single Malt Scotch \$34.99 750 ml.
Divum Monterey Pinot Noir \$14.99 750 ml.	Tito's Handmade from Texas Vodka \$19.99 750 ml.
Chateau de Campuget French Rose \$11.99 750 ml.	Canadian Club Chairman's Select Rye \$19.99 750 ml.

Deli

Soup's On!

Beat the
cold weather!
Come in today
and grab a
warm bowl of
one of our daily
gourmet
selections.

Gourmet

Trader Vics Tom & Jerry or Hot Buttered Rum Batter \$4.99 ea.
Maker's Mark Bourbon Cherries 8 oz. \$9.99
Coco Lopez Cream of Coconut 15 oz. \$4.99



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Grocery

Imagine Organic Creamy Soups 32 oz. \$3.99

Imagine Organic Cooking Broth 32 oz. \$3.69

Lundberg Organic California Rice
32 oz. \$2.00 Off

Mezzetta Italian Tomato Pasta Sauce
16 oz. \$4.99

Ancient Harvest Organic Corn-Quinoa
Pasta 8 oz. \$2.99

Eden Organic Canned Beans 15 oz. \$2.49

Maria Artichoke Hearts Whole
or Quartered 13 oz. \$2.99

Spectrum Organic Coconut Oil 14 oz. \$2.00 Off

Hidden Valley Ranch Salad Dressing
16 oz. \$3.99

Marie Callendar's Organic Corn Bread Mix
16 oz. \$3.99

Mighty Leaf Premium Tea Blends
15 ct. \$6.99

Maranatha No-Stir Almond Butter 12 oz. \$3.00 Off

Walker's English Shortbread
Cookies 4-5 oz. \$4.39

Laiki Black or Red Rice Crackers
3 oz. \$3.29

Pickapeppa Jamaican Fish or Meat Sauce
5 oz. \$3.99

Skinny Pop Microwave Popcorn 3 ct. \$4.99

Popcorners Baked G/F Tortilla Chips 7 oz. \$2.99

Bundaberg Aussie Sodas 4-pack \$4.99

Dairy

Silk Non-Dairy Almond, Cashew
or Coconut Milk 64 oz. \$3.99

Tofurky Vegan Protein Wheat
Tofu Slices 5 oz. \$2.99

Wallaby Organic L/F yogurt
6 oz. \$1.19

3-Bridges Fresh Tortellini or Ravioli
9 oz. \$3.99

Tillamook Cheddar Cheese Bar
Medium or Sharp 10 oz. \$3.99

Sonoma Brinery Fresh-Pak Pickles
or Sauerkraut 16 oz. \$2.99

Hormel Thin Sliced Microwave
Bacon 12 oz. \$6.99

Aidell's Premium Sausage or
Meatballs 12 oz. \$5.49

Gourmet Style Fresh Salsa
16 oz. \$2.99

Pillsbury Grands Biscuits
16 oz. 2/\$4.00

Challenge Butter
Salted or Unsalted 16 oz. 4.99

Tropicana Orange Juice
59 oz. \$4.99

Frozen

Sea Pak Jumbo Breaded
Butterfly Shrimp 9 oz. \$6.99

Yummy Breaded Chicken Breast
Nuggets 26 oz. \$6.99

Amy's Natural Pizzas
11-13 oz. \$6.99

Amy's Natural Macaroni &
Cheese 9 oz. \$2.99

Amy's Natural Lasagna
10 oz. \$3.99

Amy's Organic Veggie Burgers
4 ct. \$5.99

It's It Ice Cream Cookie
Sandwiches 3 ct. \$3.99

Gardein Soy-Wheat -Veggie
Protein Entrees 8-12 oz. \$4.99

Ling Ling Chicken or Pork Potstickers
24 oz. \$6.99

Perdue White Cornish
Game Hens 22 oz. \$4.99

Ezekiel Organic Sprouted Grain Bread
24 oz. \$5.99

Eggo Toaster Waffles
6-10 ct. \$2.99