



FREE PARKING
OPEN SEVEN DAYS A WEEK
 (510) 653-8181

4038 Piedmont Ave., Oakland, CA 94611
 Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM

March 1 - 7, 2017

Columbus Lunch Meat \$2 Off Sale!

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|---------------------------|-------------------------|
| <i>Oven Roast Turkey</i> | <i>Honey Ham</i> |
| <i>Smoked Turkey</i> | <i>Black Forest Ham</i> |
| <i>Honey Maple Turkey</i> | <i>Virginia Ham</i> |

All Columbus Deli Meats \$10.99/lb.
(Excluding Prosciutto and Pancetta)

Produce

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| <i>Jalapeno Peppers</i> | <i>89¢/lb.</i> |
| <i>Cucumbers</i> | <i>59¢/ea.</i> |
| <i>Navel Oranges</i> | <i>99¢/lb.</i> |
| <i>Russet Potatoes</i> | <i>49¢/lb.</i> |
| <i>Roma Tomatoes</i> | <i>99¢/lb.</i> |
| <i>Red Bell Peppers</i> | <i>\$1.59/lb.</i> |
| <i>Organic Mixed Medley Tomatoes</i> | <i>\$3.29/bkt.</i> |
| <i>Organic Bananas</i> | <i>\$1.49/lb.</i> |

Cheese

- Gold Rush Sliced Muenster*
 8 oz. \$4.99/ea.
- Sonoma Creamery Sonoma Garlic Jack*
 5.3 oz. \$4.99/ea.
- Emmi Cave Aged Gruyere*
 \$21.99/lb.
- Emmi Swiss Raclette*
 \$20.99/lb.
- Piedmont's Sancho's Salsa Spread Dip*
 \$7.99/lb.

Wine & Liquor

Beaulieu Vineyards "BV" California Chardonnay, Cabernet Sauvignon Pinot Noir or Zinfandel \$7.99 750 ml.
The best vineyards for innovative winemaking, leads to crafting the purest expression of varietal wines, and setting the standard for quality in California. (Regularly \$10.99)

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|---|--|
| <i>Lincort Santa Rita Hills Chardonnay \$9.99 750 ml.</i> | <i>Jameson Irish Whiskey \$24.99 750 ml.</i> |
| <i>Stump Jump Australia G.S.M. \$9.99 750 ml.</i> | <i>Dickel Rye or Tennessee Whiskey \$19.99 750 ml.</i> |
| <i>Mil Pieoras Argentina Viognier \$7.99 750 ml.</i> | <i>Svedka Swedish Vodka \$12.99 750 ml.</i> |

Deli

Soup's On!

Beat the cold weather! Come in today and grab a warm bowl of one of our daily gourmet selections.

Gourmet

- Dagoba Organic Cocoa Powder*
 8 oz. \$6.99
- Dagoba Organic Choco Drops*
 8 oz. \$6.99
- Dagoba Organic Chocolate Bars*
 2 oz. \$2 for \$5.00



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Grocery

Cucina & Amore Organic Italian Pasta
16 oz. \$2/4.00

*Cucina & Amore Italian Farro, Lentils,
Couscous or Arborio Rice* 17 oz. \$3.29

Silver Palate Gourmet Pasta Sauce
25 oz. \$4.49

Wild Planet Pole Caught Albacore Tuna 5 oz. \$3.99

Bar Harbor Seafood Chowder Soups 15 oz. \$3.99

Bar Harbor Kipper or Herring Fillets 6 oz. \$3.99

Bar Harbor Seafood Bisque 10 oz. \$3.99

Girard's Gourmet Salad Dressings
12 oz. \$3.99

*Zatarain's New Orleans Style Rice & Bean
Blends* 8 oz. \$2.29

Alvarado Sprouted Multigrain Loaf Bread
16-24 oz. \$3.99

Wild California Baked Fruit Crisps 5 oz. \$3.99

Ghiottini Authentic Almond Biscotti
8.8 oz. \$4.99

Firehook Baked Flatbread Crackers
7 oz. \$5.99

Quaker Oatmeal Traditional or Quick
18 oz. \$2.99

Quaker Granola Cereal 28 oz. \$5.99

Black Jewel Microwave Popcorn 3 ct. \$3.99

Siciliana Italian Fruit Juice Sodas Liter \$3.99

Deschutes Oregon Micro Brew
6-pack \$7.99

Dairy

*Florida's Natural Orange or
Grapefruit Juice* 59 oz. \$3.99

Applegate Premium Sliced Meats
4-7 oz. \$1.00 Off

Applegate Premium Pork Sausage
12 oz. \$4.99

Oscar Meyer Turkey Bacon
12 oz. \$3.29

Pillsbury Crescent Rolls 8 oz. \$2.69

*Sticky Toffee Pudding Co. Pudding
or Chocolate Molten Cake*
16 oz. \$2.00 Off

*3-Bridges Fresh Filled Ravioli
or Tortellini* 9 oz. \$3.99

Pavel Russian Style Yogurt
24-32 oz. \$4.49

Organic Valley Lactose-Free Milk
64 oz. \$4.99

*Organic Valley Soft Cream
Cheese* 8 oz. \$3.29

Organic Valley Liquid Egg Whites
16 oz. \$5.99

Organic Valley Shredded Cheese
6 oz. \$4.99

Frozen

Applegate Breakfast Sausage
7 oz. \$5.49

*Applegate Breaded Chicken Strips,
Nuggets or Patties* 8 oz. \$2.00 Off

Cascadian Farms Organic Fruit
10 oz. \$3.99

Cascadian Farms Organic Fruit Juice
12 oz. \$3.99

*Cascadian Farms Organic
Potato Fries* 16 oz. \$2.99

C&W Assorted Vegetables
14-16 oz. \$2.69

Garden Soy Wheat Veggie Entrees
8-12 oz. \$4.99

Amy's Pasta-Rice Bowl Entrees
9 oz. \$4.49

Bueno Vegetarian Tamales
18 oz. \$6.99

Good Simple Breakfast Burritos
5 oz. \$2.69

Latest Scoop Premium Gelato
16 oz. \$4.99

Breakfast Hero Pancake Batter
16 oz. \$3.99