



Produce

Fuji Apples	\$1.99/lb.
Bosc Pears	\$2.19/lb.
Large Navel Oranges	\$1.19/lb.
Kale	\$2.19/bch.
Red Chard	\$2.39/bch.
Green Chard	\$2.39/bch.
Mango Organic	\$2.99/ea.
Red Bell Peppers Organic	\$5.89/lb.

Cheese

Sonoma Jack Habanero Jack	\$5.99/ea.
Canadian Black Diamond Cheddar	\$17.99/lb.
Rumiano Organic Sliced Monterey Jack	\$3.99/ea.
Wykes Creamery Ivy's English Cheddar	\$14.99/lb.
Piedmont's Own French Onion Dip	\$6.99/lb.

FREE PARKING
OPEN SEVEN DAYS A WEEK
510-653-8181

4038 Piedmont Ave., Oakland, CA 94611
Mon-Sat 9AM-8PM, Sun 9AM-7PM

February 24 - March 1, 2016

Columbus Deli Meat Specials!

Oven Roast Turkey	Honey Ham
Smoked Turkey	Black Forest Ham
Honey Maple Turkey	Virginia Ham
Pastrami	\$10.99/lb.

Wine + Liqueur

Los Vascos Chilean Chardonnay, Cabernet Sauvignon or Sauvignon Blanc
\$7.99

A trio of well balanced wines ready for your enjoyment! Reg. \$10.

Red 4 Vina Robles Red Blend	\$14.99 750 ml.	Smirnoff Premium Vodka	\$19.99 750 ml.
Billette Cotes De Provence Rose	\$12.99 750 ml.	Tanqueray London Dry Gin	\$24.99 750 ml.
Destinos Spanish Blanco	\$9.99 750 ml.	Jim Beam Kentucky Bourbon	\$15.99 750 ml.

Deli

Soup's On!

Beat the cold weather!

Come in today and
grab a warm bowl of
one of our daily

gourmet selections.

Gourmet

Epic Corkscrews + Bottle
Openers
20% Off

Gille Swedish Double Chocolate
Crisps 4.4 oz.
\$3.99

Theo Organic Fair Trade
Chocolate Bars 3 oz.
\$2.99



February 24- March 1, 2016

Grocery

DeCecco Italian Pasta 16 oz. 2!\$5.00

Botan Calrose White Rice 5 lb. \$5.99

Alessi Dry Soup Blends 6 oz. \$2.69

Alessi Italian Risotto Rice 8 oz. \$2.99

Alessi Italian Balsamic Vinegar 8.5 oz. \$3.29

Annie's Natural Salad Dressings 8 oz. \$3.99

Tonnino Tuna Fillets 6.7 oz. \$5.99

Valley Fresh Chicken Breast 10 oz. \$3.99

North Coast Organic Applesauce 24 oz. \$3.69

Nature's Path Organic G/F Cereals 10 oz. \$3.99

Nature's Path Organic G/F Instant Oatmeal 11 oz.
\$4.99

Westsoy Organic Soymilk 32 oz. \$2.99

Fields Organic Granola 12 oz. \$6.99

Sue Bee Clover Honey Bear 24 oz. \$2.00 Off

Triple Leaf Tea Blends 20 ct. \$1.00 Off

Fire Hook Baked Flatbread Crackers 7 oz. \$5.99

Graceful Cookies Assorted Cookie Tubes 10 oz.
\$4.99

Jackson's Coconut Oil Potato Chips 5 oz. \$3.49

Dairy

Applegate Premium Sliced Deli Meats
6-7 oz. \$1.00 Off

Applegate Organic Hot Dogs 12-16 oz.
\$2.00 Off

Gold Rush Block Cheese 16 oz. \$4.29

Tillamook Cheese Slices 8 oz. \$3.69

Greek Gods Probiotic Yogurt 24 oz.
\$4.49

Challenge Whipped Butter 8 oz. \$3.29

Eggology Liquid Egg Whites 16 oz.
\$4.99

Silk Soymilk 64 oz. \$3.99

Gourmet Style Fresh Salsa 16 oz.
\$2.99

Blue Hill Bay Smoked Herring 12 oz.
\$4.99

Florida's Natural Fruit Juice 59 oz.
\$3.99

Country Baking Choc Chip Cookie
Dough 24 oz. \$2.00 Off

Frozen

Three Twins Organic Ice Cream
Sandwiches 4-pack \$5.99

Almond, Rice or Coconut Dream
Non-Dairy Dessert 6-16 oz. \$4.99

Applegate Premium Breakfast
Sausage 7 oz. \$4.99

Applegate Chicken Nuggets, Strips or
Patties 8-12 oz. \$2.00 Off

Natural Sea Cod Fish Sticks 8 oz.
\$5.99

Earthbound Farms Organic Fruit
10 oz. \$4.49

Amy's Natural Pizza 12-14 oz. \$6.99

Amy's Organic Pot Pies 7 oz. \$3.29

Amy's Veggie Meatballs or Sausage
6-8 oz. \$4.99

Buena Natural Veggie Tamales 18 oz.
\$6.49

Mikey's Gluten Free English Muffins
4 ct. \$5.99

Earthbound Organic Vegetables 10 oz.
\$3.59