



## Produce

Fresh Squeezed Orange Juice 64 oz.	\$11.99/ea.
Rhubarb	\$4.99/lb.
Yellow Squash	\$1.29/lb.
Sweet Butter Lettuce Salad	\$3.99/ea.
Blackberries 1/2 pint	\$2.69/ea.
Roma Tomatoes	\$1.29/lb.
Avocados Organic	\$1.99/ea.
Cucumbers Organic	\$1.29/ea.

## Cheese

Canadian Black Diamond Cheddar	\$21.99/lb.
Sonoma Jack Habanero Jack	\$5.99/ea.
Rumiano Sliced Monterey Jack	\$3.99/ea.
Wykes Creamery Ivy's English Cheddar	\$14.99/lb.
Piedmont's Own French Onion Dip	\$6.99/lb.

FREE PARKING  
OPEN SEVEN DAYS A WEEK  
510-653-8181

4038 Piedmont Ave., Oakland, CA 94611  
Mon-Sat 9AM-8PM, Sun 9AM-7PM

May 4 - May 10, 2016

Happy Mother's Day!

Jumbo Prawns 6-8 ct. (Bangladesh)  
\$19.99/lb.

Peeled + Deveined Shrimp 24-36 ct.  
(Thailand) \$13.99/lb.

Lobster Tails (Nicaragua) \$10.99/ea.

Farmed Salmon (Canada) \$13.99/lb.

Swordfish Fillets (USA) \$16.99/lb.

Hot Buy!

Fillet Mignon

\$24.99/lb.

## Wine + Liqueur

Mazzei Badiola Italian Toscana \$9.99

This wine shows structure, softness and character. Just brimming with rich, ripe fruit flavors of blackberry and plum, with notes of black cherry. Nice aromas of spice and bright fruits. Reg. \$12

Franciscan Napa Valley Chardonnay  
\$16.99 750 ml.

Toad Hollow Sonoma Co. Dry Rose  
\$12.99 750 ml.

Chandon Methode Traditional  
Sparkling Wine \$19.99 750 ml.

De Leon Reposado Tequila \$19.99  
750 ml.

Aviation Batch Distilled American  
Gin \$27.99 750 ml.

Minsk Imported Russian Vodka  
\$11.99 750 ml.

## Deli

### Grab N Go Salads

Cobb Salad

Chef Salad

Nicoise

Poached Pear

Caesar

And more!...

\$4.99-\$8.99

## Gourmet

Scharffen Berger Chocolate Bars  
3 oz.

\$3.99

Jelly Belly Organic Jelly Beans  
5.5 oz.

\$3.99

3-D Candies Handmade  
Chocolates

3 pc.

\$3.99



May 4 - May 10, 2016

## Grocery

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|--|--|---|
| <i>Cholula Mexican Hot Sauce 5 oz. \$2.99</i>            | <i>Val De France Sparkling Juice 25 oz. \$2.99</i>     | <i>Sticky Fingers Scone Mixes 15 oz. \$4.99</i>                 |
| <i>Arriba Mexican Roasted Salsa 16 oz. \$4.69</i>        | <i>Drew's Canola Oil Salad Dressings 12 oz. \$3.39</i> | <i>Stubbs BBQ Sauce + Marinades 12-18 oz. \$3.99</i>            |
| <i>Frontera Skillet Simmer Sauces 8 oz. \$2.49</i>       | <i>Terra Exotic Vegetable Chips 5 oz. \$1.00 Off</i>   | <i>St. Dalfour French fruit Spreads 10 oz. \$3.99</i>           |
| <i>Field Day Organic Refried Beans 15 oz. \$1.79</i>     | <i>Native Corn tortilla Chips 9 oz. \$3.59</i>         | <i>Crosse + Blackwell Major Grey Chutney 9 oz. \$3.99</i>       |
| <i>Mi Rancho Tortillas 8 ct. \$2.29</i>                  | <i>Carr's Table Water Crackers 4-6 oz. \$3.99</i>      | <i>Peleponnese Greek Kalamata Olives or Spread 7 oz. \$4.99</i> |
| <i>Garden of Eatin Organic Taco Shells 12 ct. \$3.59</i> | <i>Tates Bake Shop Cookies 7 oz. \$4.99</i>            |   |

## Dairy

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|---|---|
| <i>Aidell's Premium Sausage 12 oz. \$5.49</i>         | <i>Organic Valley Shredded Cheese 6 oz. \$4.99</i>                |
| <i>Aidell's Chicken Meatballs 12 oz. \$5.49</i>       | <i>Siggi's Probiotic Liquid Yogurt 32 oz. \$3.69</i>              |
| <i>Oscar Meyer Turkey Bacon 12 oz. \$3.29</i>         | <i>Siggi's Strained Nonfat Yogurt 5 oz. \$1.99</i>                |
| <i>Clover Cottage Cheese 16 oz. \$3.59</i>            | <i>Pillsbury Crescent Rolls 8 oz. \$2.69</i>                      |
| <i>Organic Valley Liquid Egg Whites 16 oz. \$5.99</i> | <i>Florida's Natural Orange or Grapefruit Juice 59 oz. \$3.99</i> |
| <i>Organic Valley Soft Cream Cheese 8 oz. \$3.29</i>  | <i>Casa Chiccas Fresh Salsas 14-16 oz. \$1.00 Off</i>             |

## Frozen

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|---|--|
| <i>Loard's Premium Ice Cream 32 oz. \$5.49</i>              | <i>Armanino Ravioli or Tortellini 16 oz. \$3.99</i>        |
| <i>3-Twins Organic Ice Cream Sandwiches 4 ct. \$5.99</i>    | <i>Gorton's Crunchy Fish Fillets 19 oz. \$6.99</i>         |
| <i>Filo Factory Organic Fillo Dough 16 oz. \$4.99</i>       | <i>Marie Callendar's Complete Dinners 12-16 oz. \$3.99</i> |
| <i>Filo Factory Bite Size Appetizers 1-8 oz. \$1.00 Off</i> | <i>Marie Callendar's Meat Pot Pies 16 oz. \$3.99</i>       |
| <i>Solignac Rise + Bake Croissants 4-6 ct. \$5.99</i>       | <i>Don Miguel Burritos 7 oz. \$1.69</i>                    |
| <i>Earthbound Farms Organic Fruit 10 oz. \$4.49</i>         | <i>Earthbound Farms Organic Vegetables 10 oz. \$3.59</i>   |