



FREE PARKING
OPEN SEVEN DAYS A WEEK
 (510) 653-8181

4038 Piedmont Ave., Oakland, CA 94611
 Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM

January 9 - 15, 2019

Boar's Head Lunch Meat Sale!
\$10.99/lb.

Produce

- Cucumbers 59¢/ea.
- Cole Slaw Salad \$2.39/pkg.
- Red Onions 79¢/lb.
- Tangelo \$1.99/lb.
- Savoy Cabbage \$1.39/lb.
- Organic Spaghetti Squash 99¢/lb.
- Organic Baby Romaine \$4.39/ea.
- Organic Yams \$1.99/lb.

Cheese

- Athenos Reduced Fat Feta Crumbles \$6.29/ea.
- Kerrygold Reduced Fat Dubliner Cheese \$6.29/ea.
- SaPuto Montchevre Crumbled Goat Cheese \$6.29/ea.
- Piedmont's Own Dill Dip \$6.99/lb.
- Piedmont's Own Blue Cheese Dressing \$6.99/lb.

- Pastrami
- Low Salt Ham
- Virginia Ham
- Black Forest Ham
- Oven Roasted Turkey
- Maple Turkey
- Mesquite Turkey
- Pepper Turkey
- Oven Roasted Chicken

Wine & Spirits

Hess Select Monterey Co. Chardonnay, North Coast Sauvignon Blanc and Cabernet Sauvignon, or Central Coast Pinot Noir 750ml. \$9.99-\$16.99

Hess Select seeks out vineyards throughout California to find grapes that elevate the everyday wine experience.

- Bieler Pere et Fils Bandol Reserve Rose 750 ml. \$14.99
- Matahiwi New Zealand Sauvignon Blanc 750 ml. \$9.99
- Marietta OVR Lot 68 California Red 750 ml. \$12.99
- High West Barrel Select Double Rye Whiskey 750 ml. \$49.99
- Tito's Handmade Vodka 750 ml. \$19.99
- Glenmorangie 10 yr. Highland Single Malt Scotch 750 ml. \$34.99

Deli

Soup's On!
 Beat the cold weather!
 Come in today and grab a warm bowl of one of our daily gourmet selections.

Gourmet

- Dutch Bakery Imported Dutch Stroopwaffles 8.8-11.5 oz. \$1.00 off
- Napolean Fruit Mix or Lemon Hard Candies 5 oz. \$3.99
- Göteborgs Swedish Ballerina Cookies 6.7 oz. \$2.99



January 9 – 15, 2019

Grocery

Tasty Bite Vegan Indian Entrees
10 oz. \$2.99

Tasty Bite Organic Rice Blends 8.8 oz. \$2.49

Patak Indian Simmer Sauces
10-15 oz. \$3.99

Patak Indian Style Chutney 12 oz. \$4.99

Sukhi's Dry Sauce Mixes 3 oz. \$3.99

Thai Kitchen Organic Coconut Milk
13 oz. \$2.99

LaVash Vegan Soft Flatbread 9 oz. \$2.99

Ginger People Ginger Marinades
12.7 oz. \$4.99

Saffron Road Chickpea or Lentil Chips
3.5 oz. \$3.99

Pukka Organic Dry Tea Blends 20 ct. \$4.99

Pacific Organic Creamy Soups
32 oz. \$4.49

Pacific Non-Dairy Beverage 32 oz. \$3.29

Ceres 100% Juice Blends 32 oz. \$3.99

7th Generation Dishwashing Pods
20 ct. \$6.99

7th Generation Liquid Dish Soap 25 oz. \$3.59

7th Generation Recycled Bathroom Tissue 12-roll \$8.99

7th Generation Liquid Laundry Soap
100 oz. \$4.00 Off

Dairy

<i>Clover Organic Probiotic Kefir</i> 32 oz. \$4.39	<i>Oscar Meyer Sliced Bacon</i> 12-16 oz. \$6.99
<i>Clover Organic Greek Yogurt</i> 32 oz. \$6.99	<i>Oscar Meyer Deli Thin Meat</i> 9 oz. \$4.49
<i>Clover Organic Butter</i> 16 oz. \$6.99	<i>Tillamook Shredded Cheese</i> 8 oz. \$3.59
<i>Clover Organic Cream Cheese</i> 8 oz. \$3.29	<i>Kaukauna Cheddar Cheese Spread</i> 6.5 oz. \$3.29
<i>Clover Organic Cottage Cheese</i> 16 oz. \$3.99	<i>Silk Soy Milk</i> 64 oz. \$3.99
<i>Pillsbury Grands Biscuits</i> 16 oz. 2/\$4.00	<i>Kevita Raw Organic Kombucha</i> 15 oz. \$2.99

Frozen

<i>Wymann's Assorted Fruit</i> 15 oz. \$3.99	<i>Armano Ravioli or Tortellini</i> 16 oz. \$3.99
<i>Good Simple Breakfast Burrito</i> 5 oz. \$2.69	<i>Ian's G/F Breaded Chicken Nuggets or Fish Sticks</i> 14-20 oz. \$8.99
<i>Nancy's Single Serve Quiche</i> 6 oz. \$2.69	<i>Blake's Organic Meat Pot Pies</i> 8 oz. \$5.99
<i>Jones Little Pork Sausage</i> 12 oz. \$4.69	<i>Smart Flour G/F Pizza</i> 10 oz. \$7.99
<i>Minute Maid Orange Juice</i> 12 oz. \$2.99	<i>Rudi's G/F Sliced Bread</i> 18 oz. \$5.99
<i>Nature's Path G/F Waffles</i> 7 oz. \$3.69	<i>Sukhi's Assorted Indian Entrees</i> 10-12 oz. \$6.99