



**FREE PARKING**  
**OPEN SEVEN DAYS A WEEK**  
**(510) 653-8181**

**4038 Piedmont Ave., Oakland, CA 94611**  
**Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM**

**February 6 - 12, 2019**

## Produce

Cauliflower	\$2.79/ea.
Orange Bell Peppers	\$1.99/lb.
Snap Peas	\$4.99/lb.
Asian Pears	\$2.19/lb.
Tomatoes	\$1.99/lb.
Clip Top Beets	\$1.39/lb.
Organic Navel Oranges	\$1.99/lb.
Organic Cameo Apples	\$1.89/lb.

## Cheese

Sonoma Cheese Co Sonoma Jack Assorted 5.3 oz.	\$5.29/ea.
Boursin Garlic & Herb Cream Cheese 5.2 oz.	\$6.29/ea.
Cacique Oaxaca Cheese 10 oz.	\$6.29/ea.
Lantana Assorted Hummus 10 oz.	\$5.29/ea.
Piedmont Grocery House Made Bean, Sancho's Salsa, or Taco Dips	\$7.99/lb.

## Meat

Chicken Wings	\$2.99/lb.
Boneless Pork Shoulder	\$2.99/lb.
Miller Hot Dogs, Garlic or Hot Franks	\$5.99/lb.
Farmed Salmon (CANADA)	\$13.99/lb.
Ground Turkey Dark Meat	\$3.99/lb.
Boneless Skinless Chicken Thighs	\$3.99/lb.
New York Steaks	\$13.99/lb.
Lobster Tails	\$10.00/ea.

## Wine & Spirits

**Ruffino Lumina Pinot Grigio, D.O.C. Orvieto or Italian Chianti 750ml. \$8.99**

*Ruffino produces affordable wines that are deeply rooted in the history and heritage of the Italian culture.*

Gruet Assorted Sparkling Wines 750 ml.	\$15.99	Brokers London Dry Gin 750 ml.	\$21.99
Piper-Heidsieck Brut Champagne 750 ml.	\$39.99	Myer's Platinum White Rum 750 ml.	\$12.99
DaLuca Italia Prosecco 750 ml.	\$10.99	George Dickle Tennessee Sour Mash Whiskey 750 ml.	\$19.99

## Deli

**Soup's On!**

**Beat the cold weather!**

**Come in today**

**and grab**

**a warm bowl**

**of one of**

**our**

**daily**

**gourmet**

**selections.**

## Gourmet

**Charles Chocolates Gourmet Chocolate Bars 3.5 oz. \$1.00 Off**

**Chrissy's Original or Coffee Toffee 4 oz. \$8.99**

**MoMe Chocolate Stir Sticks 33g \$1.99**



February 6 – 12, 2019

## Grocery

Dave's Organic Multigrain Bread  
13-27 oz. \$4.99

DeCecco Italian Pasta 16 oz. 2/\$5.00

Classico Pasta Sauce 24 oz. \$3.59

Beretta Italian Arborio rice 32 oz. \$3.99

Progresso Protein Based Soups  
Assorted 18 oz. 2/\$5.00

Geisha Solid White Albacore  
Tuna 5 oz. \$1.99

Geisha Leg Crab Meat 6 oz. \$3.29

Progresso Assorted Beans 15 oz. \$1.29

Drew's Organic Salad Dressings  
12 oz. \$3.89

Lund's Gourmet Pancake 7 Waffle Mix  
12 oz. \$2.69

Pamela's G/F Oat Bars 5 ct. \$4.69

Pamela's G/F Assorted Cookies  
7 oz. \$3.99

Luke's Organic G/F Chips 5 oz. \$3.29

Triple Leaf Herbal Tea Blends  
20 ct. \$1.00 Off

GM Chex Cereals 12-14 oz. \$3.99

Knudsen Organic Veggie Juice 32 oz. \$3.99

Wave Sparkling Fruit Juice Soda  
12 oz. \$1.39

Kona Brewing Hawaiian Micro Brew  
6-pack \$7.99

## Dairy

3-Bridges Fresh Ravioli or  
Tortellini 9 oz. \$3.99

Stella Parmesan or Romano  
Cheese 5 oz. \$2.69

Strauss Organic Greek  
Yogurt 32 oz. \$2.00 Off

Strauss Organic Butter  
16 oz. \$2.00 Off

Sonoma Brinery Fresh Pickles or  
Sauerkraut 16 oz. \$3.49

Organic Valley Shredded  
Cheese 6 oz. \$4.99

Organic Valley Liquid  
Egg Whites 16 oz. \$5.99

Organic Valley Soft  
Cream Cheese 8 oz. \$3.99

Organic Valley Lactose-Free  
Milk 64 oz. \$5.99

Sun Tropics Fruit Nectar  
64 oz. \$4.49

Framani Premium Pork  
Sausage 12 oz. \$5.99

Diestel California Sliced  
Turkey 6 oz. \$1.00 Off

## Frozen

Straus Organic Ice Cream  
16 oz. \$5.99

Eggo Toaster Waffles  
6-10 oz. \$2.99

Golden Cheese or Blueberry  
Blintzes 6-pack \$3.99

Muffin Revolution G/F Muffins  
4-pack \$6.99

Sara Lee Butter Pound Cake  
10 oz. \$3.99

Earthbound Farms Organic  
Fruit 8-10 oz. \$4.49

Earthbound Farms Organic  
Vegetables 10 oz. \$3.49

Amy's Natural Pizza  
11-14 oz. \$7.99

Amy's Organic Veggie Burgers  
4-pack \$5.99

Amy's Macaroni & Cheese  
9 oz. \$3.49

Amy's Enchilada & Tamale  
Entrees 8-10 oz. \$4.69

Amy's Meatless Veggie Sausage or  
Meat Balls 6-8 oz. \$6.99