



FREE PARKING
OPEN SEVEN DAYS A WEEK
 (510) 653-8181

4038 Piedmont Ave., Oakland, CA 94611
 Mon-Sat 9 AM-8 PM, Sun 9 AM-7PM

February 19-25, 2020

Produce

Minneola Tangeloes	\$2.29/lb.
WelPac Pickled Ginger 11.5 oz.	\$6.59/ea.
Bay Cities Cut Butternut Squash 18 oz.	\$7.99/ea.
Spice Select Minced Garlic 8 oz.	\$3.29/ea.
Red Chard	\$2.59/bch.
Green Chard	\$2.59/bch.
Organic Roma Tomatoes	\$2.89/lb.
Organic Jazz Apples	\$2.89/lb.

Cheese

BelGioioso Mascarpone 8 oz. \$5.49/ea.
Laura Chenel's Goat Milk Cheese 8 oz. \$7.49/ea.
Belfiore Crumbled Feta Cheese 12 oz. \$6.59/ea.
Finlandia Reduced Fat Lacy Swiss Cheese \$12.99/lb.
Piedmont's Own French Onion Dip \$6.99/lb.

Seafood Sale!

Farmed Salmon Fillet (Canada) \$14.99/lb.	Farmed Catfish Fillets (USA) \$8.99/lb.
Farmed Basa Fillets (Vietnam) \$5.99/lb.	Peeled and Deveined Raw Prawns 26-30 ct. (Thai- land) \$9.99/lb.
Farmed Tilapia Fillets (Taiwan) \$7.99/lb.	Farmed Cooked Prawns 26-30 ct. \$10.99/lb..
Farmed Boneless Trout Fillets (USA) \$9.99/lb.	HOT BUY! 3 FISH CAKES FOR \$10

Wine & Spirits

*Our Featured Winery is Lago Cerqueira from Portugal
 All the freshness of a region combined with the aromatic exuberance of its varieties. Wines with a fruity and captivating profile.*

2016 Douro DOC Red & 2018 DOC Vinho Verde 750 ml. for \$8.99

Wines

La Domitienne 2018 Picpoul De Pinet 750 ml. \$11.99
Monte Antico 2015 Toscana 750 ml. \$11.99
Callera 2016 Central Coast Chardonnay 750 ml. \$16.99

Liquor

Rothman & Winter Crème De Violette Austrian Floral Liqueur 750 ml. \$24.99
Glendalough Irish Rose Gin 750 ml. \$29.99
Nolet's Dutch Gin 750 ml. \$46.99

Deli

*Gourmet
Sandwiches
made fresh daily!*

*From the classics
to the gourmet,
we have something
for every taste!*

*Stop in and grab
your favorite!*

Gourmet

*Le Grand
Heart-Shaped
Truffles
2.2 oz. \$9.99*

*Daprano
Imported
Heart-Shaped
Boxed
Chocolates
4.2-4.7 oz.
\$19.99*

*Neuhaus
Truffle
16-Piece
Collection
6.17 oz.
\$29.99*



February 19–25, 2019

Grocery

<i>Wolfgang Puck Organic Soups 14 oz. \$2.99</i> <i>Zoup Bone Broth—Chicken or Beef</i> <i>31 oz. \$5.49</i>	<i>S&W Assorted Canned Beans 15 oz. \$1.49</i> <i>Woodstock Organic Pickles</i> <i>Whole or Sliced 16-24 oz. \$6.49</i>	<i>Santa Cruz Organic Peanut Butter</i> <i>16 oz. \$6.49</i>
<i>Cucina Amore Italian Pasta Sauce 16 oz. \$3.49</i> <i>Cucina Amore Organic Italian Pasta</i> <i>16 oz. \$2.19</i>	<i>Lindsay Black Pitted Olives 6 oz. \$1.99</i> <i>Dave' Organic Seed-Grain Bread</i> <i>20-27 oz. \$5.49</i>	<i>Santa Cruz Organic Applesauce Cups</i> <i>6 count \$4.49</i>
<i>Beretta Italian Arborio Rice 32 oz. \$4.29</i> <i>Pomi Italian Tomatoes Chopped or</i> <i>Strained 26 oz. \$2.99</i>	<i>Daddy Sam's Slop It On BBQ Sauce</i> <i>19 oz. \$5.99</i> <i>Garden of Eatin Corn Tortilla Chips 8 oz. \$3.29</i>	<i>Santa Cruz Organic Applesauce 23 oz. \$4.99</i> <i>Santa Cruz Organic Fruit Spread 9.5 oz. \$3.99</i> <i>Guayaki Organic Yerba Mate Drink</i> <i>16 oz. \$2.99</i>
		<i>Lost Coast California Micro Brew 6-pack \$7.99</i>

Dairy

<i>Niman Ranch Pork Sausage</i> <i>12 oz. \$5.49</i>	<i>Pillsbury Crescent Rolls</i> <i>8 oz. \$2.69</i>
<i>Niman Ranch Sliced Beef</i> <i>6 oz. \$4.99</i>	<i>Brown Cow Yogurt</i> <i>32 oz. \$4.99</i>
<i>Niman Ranch Applewood</i> <i>Bacon 12 oz. \$7.99</i>	<i>Ripple Plant Based Dairy-Free</i> <i>Milk 48 oz. \$4.99</i>
<i>Niman Ranch Beef Franks</i> <i>11 oz. \$5.99</i>	<i>Challenge Butter</i> <i>16 oz. \$4.99</i>
<i>Gold Rush Shredded Cheese</i> <i>8 oz. \$2.99</i>	<i>Dole Fruit Juice</i> <i>59 oz. \$3.49</i>
<i>Gold Rush Block Cheese</i> <i>16 oz. \$4.49</i>	<i>GT Organic Raw</i> <i>Kombucha 16 oz. \$2.99</i>

Frozen

<i>Re:Think Gourmet Ice Cream</i> <i>14 oz. \$6.99</i>	<i>Blake's Natural Meat</i> <i>Pot Pies 8 oz. \$5.49</i>
<i>Mad Minis Ice Cream</i> <i>Sandwiches 12 ct. \$5.99</i>	<i>Bueno Vegetarian</i> <i>Tamales 6-pack \$6.99</i>
<i>Pepperidge Farms Fruit</i> <i>Turnovers 4-pack \$3.99</i>	<i>Morningstar Farms Soy-Protein</i> <i>Entrees 5-10 oz. \$4.49</i>
<i>Muffin Revolution Gluten-Free</i> <i>Paleo Muffins 4-pack \$7.49</i>	<i>C&W Assorted Vegetables</i> <i>14-16 oz. \$2.99</i>
<i>Good Food Breakfast</i> <i>Burritos 5 oz. \$2.69</i>	<i>Table 5 Cornmeal Crust Pizza</i> <i>12 oz. \$7.99</i>
<i>Ian's Gluten Free Breaded</i> <i>Fish Sticks 14 oz. \$8.99</i>	<i>Foster Farms Honey</i> <i>Corn Dogs 6-pack \$3.99</i>